

Responsibilities for Non-Specialty Mental Health Services and Provider Education Requirement

APL 24-012: Non-Specialty Mental Health Services (NSHMS)

December 2024

What are Non-Specialty Mental Health Services (NSMHS)?

1. Mental health evaluation and treatment (individual, group, family therapy).

2. Psychological and neuropsychological testing.

3. Outpatient monitoring of drug therapy.

4. Psychiatric consultation.

5. Services for monitoring and prescribing medications.

Provider responsibilities

Screenings and referrals:

- Conduct mental health screenings for all members.
- Refer positive screenings to mental health providers or specialists.
- Coordinate referrals to ensure no duplication of services.
- Ensure members receive [cultural and linguistic resources](#) upon request.

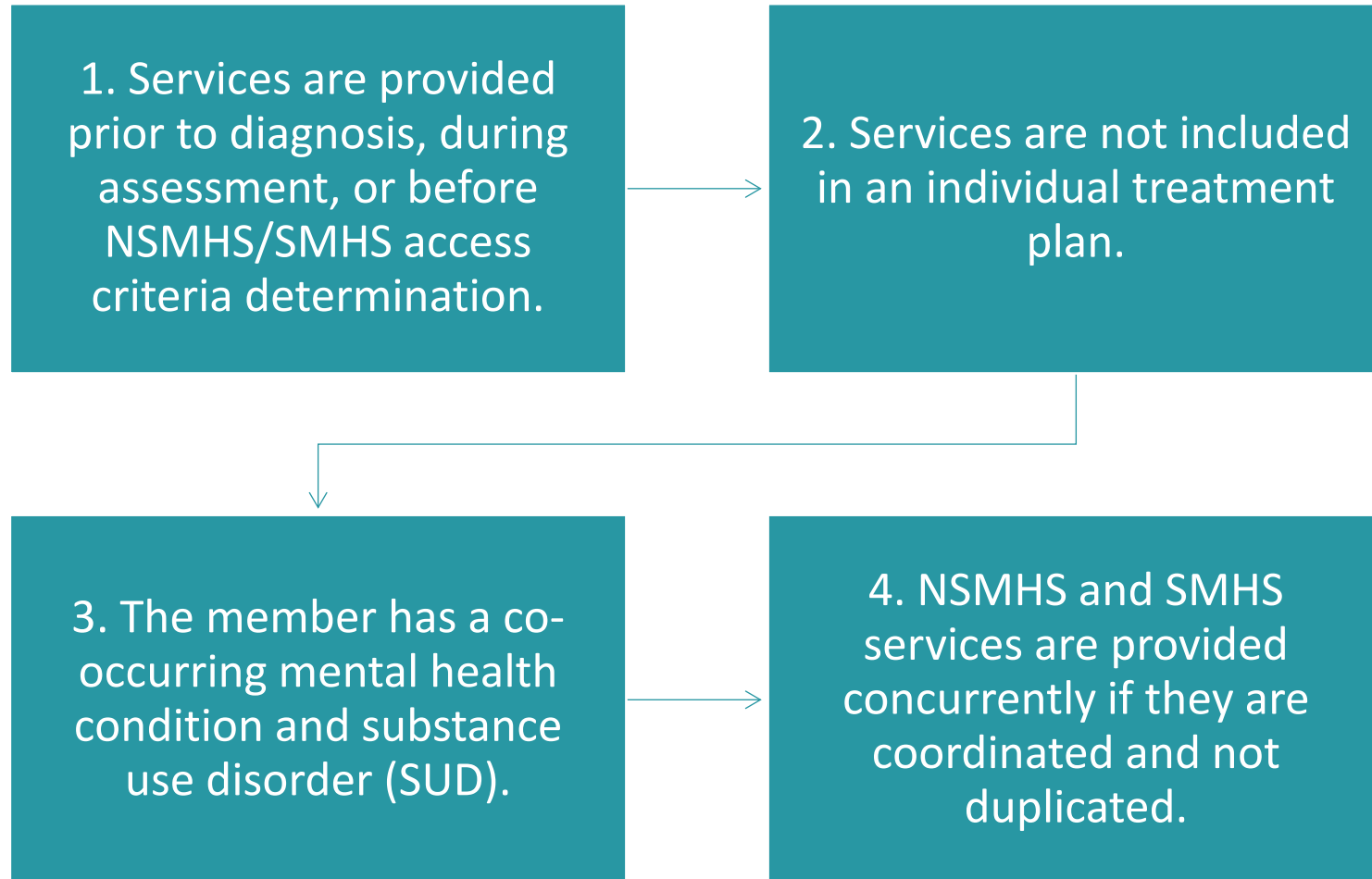
Populations covered:

- Adults (21+) with mild-to-moderate mental health needs.
- Children and youth (under 21) eligible for EPSDT benefits.
- Members with undiagnosed mental health symptoms.

Special provisions:

- **Perinatal Mental Health:** Up to 20 therapy sessions for pregnant or postpartum individuals with specified risk factors.
- **Concurrent Services:** Coordination of NSMHS and specialty mental health services (SMHS).

Clinically appropriate NSMHS are covered when:



Provider action and resources

Next steps:

- Review updated NSMHS processes.
- Participate in scheduled webinars and training sessions.
- Integrate NSMHS guidelines into practice.

Available resources:

- NSMHS guidelines in the Medi-Cal Provider Manual.
- Regular provider bulletins and webinars.
- New Provider Orientations (NPO) sessions.

Support Contacts:

- [Molina Provider Relations Representatives](#) available for guidance and questions.

Appendix

- APL 24-012 NSMHS: Member Outreach, Education, and Experience Requirements: dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL%202024/APL24-012.pdf
- Senate Bill 1019 Medi-Cal managed care plans: mental health benefits: leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220SB1019
- APL 22-006 Medi-Cal Managed Care Health Plan Responsibilities for NSMHS: dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-006.pdf
- Molina Healthcare Culturally and Linguistically Appropriate Resources: molinahealthcare.com/providers/ca/medicaid/resource/cme.aspx
- Molina Healthcare of California Provider Relations Contact List: molinahealthcare.com/-/media/E5295860C0774A44AF9CA501EEDE4DC1

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